



INGRID CAVEN

SIXTEEN MOMENTS OF MY LIFE

A FILM BY ALBERT SERRA

IDEÁLE AUDIENCE GROUP / ANDERGRAUN FILMS



SYNOPSIS

In an apothoeotic encounter, Ingrid Caven and the Banyoles-based Molforts come together in a unique concert, both cathartic and anarchic, honoring a lifetime devoted to art. Rather than looking back on a career or offering a final testament, Seize moments de ma vie celebrates the avant-garde, the creative impulse and inspiration that culminates in a singular cinematic experience.

TECHNICAL CREDITS

Original Title – **Seize moments de ma vie**
International Title – **Sixteen moments of my life**
Director – **Albert Serra**
Concept – **Albert Serra**

Countries: **France, Spain**
Production Year: **2026**
Genre: **Documentary, Musical**
Running Time: **85 minutes**
Languages: **French, German**

Aspect Ratio: **2.39 (Scope)**
Frame Rate: **24 fps**
Resolution: **4K**
Sound: **5.1**

Director of Photography: **Artur Tort**
Editing: **Albert Serra, Clément Pinteaux**
Musical Direction: **Marc Verdaguer**
Sound Direction: **Jordi Ribas**
Sound: **Agost Alustiza, Zaki Allal**
Music: **Ingrid Caven, Ferran Font, Marc Verdaguer, Joe Robinson, Enric Juncà**
Special Effects Design: **Xavier Pérez**
Costume Design: **Yves Saint-Laurent**

A production by
Idéale Audience Group – Andergraun Films

In association with
Weltfilm

Produced by **Pierre-Olivier Bardet, Pierre-Martin Juban, Albert Serra, Montse Triola**

In association with **Kristina Konrad**

International Sales – **Andergraun Films**

Ingrid Caven
Ferran Font
Marc Verdaguer
Joe Robinson
Enric Juncà



FESTIVALS

LOCARNO FILM FESTIVAL
Fuori Concorso
WORLD PREMIERE

SAN SEBASTIÁN INTERNATIONAL FILM FESTIVAL
Made in Spain – Opening Film
SPANISH PREMIERE

NEW YORK FILM FESTIVAL
Spotlight
NORTH AMERICAN PREMIERE

ABOUT THE DIRECTOR - ALBERT SERRA

Albert Serra (Banyoles, Girona, 1975) is a film director, screenwriter, and producer whose work has received international recognition for its radical approach to cinematic language and form.

Over the past two decades, his films have been consistently selected for the official sections of renowned festivals such as Cannes, Locarno, and San Sebastián, where he has received some of their highest honors. Works such as *Story of My Death* (2013), *Pacifiction* (2022), and *Afternoons of Solitude* (2024) have marked key milestones in his career, strengthening his position at the forefront of contemporary auteur cinema and establishing him as one of the most distinctive voices in European filmmaking.

SELECTED FILMOGRAPHY

Afternoons of Solitude (2024)
Golden Shell, San Sebastián International Film Festival.
Goya Award for Best Documentary, 2025.

Pacifiction (2022)
Official Competition, Cannes Film Festival.
Louis-Delluc Prize for Best Film, 2022.

Liberté (2019)
Jury Prize, Un Certain Regard, Cannes Film Festival.

The Death of Louis XIV (2016)
Official Competition, Cannes Film Festival.
Jean Vigo Prize, 2016.

Story of My Death (2013)
Golden Leopard, Locarno International Film Festival.

Birdsong (2008)
Directors' Fortnight, Cannes Film Festival.

Honor of the Knights (2006)
Directors' Fortnight, Cannes Film Festival.



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